

True Davidson Meals on Wheels  
2723 St. Clair Avenue East  
Toronto, ON M4B 1M8  
Tel: 416-752-9667  
Fax: 416-752-2068  
Web: [www.tdmow.ca](http://www.tdmow.ca)  
Email: [info@tdmow.ca](mailto:info@tdmow.ca)

**Spring  
2009**

### **OUR MISSION STATEMENT**

*The Organization is committed to providing nutritious, balanced meals at a reasonable cost to East York residents who, because of ill health, physical disability or aging, find it difficult to prepare food for themselves.*

### **HURRAY FOR SPRING!!**



### **FROM THE PRESIDENT...**

Please join me in welcoming Teresa Sanderson, just hired as the new Grocery Shopping Program Project Coordinator.

I encourage all volunteers and stakeholders to attend the Annual General Meeting and Volunteer Recognition. The agenda will include highlights from the past year, where the agency is headed next year, volunteer recognition and lunch will be served. I look forward to seeing you there!

*Christine Dingemans*

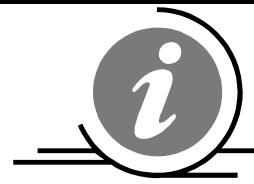
### **Can You Help?**

- Do you know anyone who is interested in volunteering? For more details, contact the office.

### **NOTES FOR VOLUNTEERS**

*Thank you to everyone who completed the volunteer survey. The results are detailed in the "What's New" section.*

*We appreciate your efforts!! Give yourself a 'pat on the back'!*



### **Upcoming Events**

April 19<sup>th</sup>-25<sup>th</sup>: National Volunteer Week  
June 11<sup>th</sup>: Annual General Meeting and Volunteer Recognition

## PROFILE

### **BOB LINTON AND IAN FORBES**



Many of you know Bob Linton and Ian Forbes from their longtime volunteer work at the agency. Both recently completed long terms of service as members of the Board of Directors, 9 and 11 years respectively. Bob and Ian are always lending a helping hand where they can, making food deliveries, setting up and staffing our information booth at many community events. The giving never stops with these two!

Ian is always taking care of people. He worked as a custodian for the East York School Board for many years. After retiring in 1994, he started volunteering at TDMOW. Ian looked after his ailing younger brother for many years. Ian delivers meals twice a week and enjoys talking with clients.

Like Ian, Bob was born in East York and has lived in East York all his life. Bob retired early from his career as a chemist and senior production manager. He is an avid reader. Bob is active in Crescent Town and just finished working on the Information Centre with 54 Division. He is also a respected Warden at The Anglican Church of St. Bedes. During his deliveries, Bob enjoys sharing a chat and smile with clients.

The agency couldn't provide our necessary and valuable service without people like Ian and Bob, thank you!

## What's new?

### VOLUNTEER SURVEY RESULTS

The results are in...volunteers are satisfied with their efforts at the agency! There was a 60% participation rate this year.

Volunteers responded:

- √100% are satisfied with their work
- √100% are comfortable with the amount of direction for their duties
- √100% are getting adequate support from staff
- √100% agree there is enough staff/volunteer communication
- √94% find the newsletter informative
- √94% are not interested in attending training workshops
- √94% do not want to help in areas other than deliveries
- √100% feel the experience is rewarding
- √100% would recommend volunteering to friends or relatives

The most common barrier to providing service was dealing with winter weather or finding parking at delivery locations.

Some good suggestions were made, such as ensuring agency brochures are available for answering public enquiries.

Thank you to everyone who participated. We look forward to your input next year!



### **BY THE NUMBERS JANUARY-MARCH 09**

*162 clients*

*59 volunteers*

*6,581 meals delivered*